

Centre YFTC Paris

22th Seminar

International Seminar Tai Chi Chuan Of the YANG FAMILY

Led by

YANG Jun

5th Generation Heir Grand Master

18 – 22 April 2025

Gymnasyum Bâtiment 310

Université Paris-Sud XI - ORSAY (91)

18 – 20 April

TAI JI QUAN – HAND Form 103

21 April

TUISHOU - Push Hands (YFTC members)

22 April

TAI JI DAO – 13 Verses

The Yang Family Tai Chi Center of Paris Instructors Training Academy Center

Has the great pleasure of inviting you to its 22nd Tai Chi Chuan seminar led by GM YANG Jun.

GM YANG Jun is appreciated by all for the exceptional quality of his teaching which he presents in multiple facets, combining tradition and modernity, and for the moral values which he embodies.

Enriching and deepening your understanding of Tai Chi with the 5th Generation Heir Grand Master of the YANG Family, among members of the great Family of practitioners of the School, is what this seminar offers you.

On the program: Traditional Handform in 103 sequences under the light of Basic Principles and Classics, Energetic and Martial Aspects and Corrections.

As a weapon, it will be the Saber Form in 13 Verses, characterized by its energetic and powerful techniques, conducted with a high spirit.

For YANG Family Taichi members participating in the seminar, you can also register for Tuishou (Push Hands) workshops and apply Energy and Martial Principles of Taichi with a partner.

Looking forward to seeing you very soon!

Duc & Carole NGUYEN MINH
Directors YFTCA Paris Center
& Instructors Training Academy France

Please return the completed Form with payment to Centre YFTC Paris - 27 Allée des Gravier Salmouille *Front* 91190 Gif-s/Yvette – FRANCE

Name
YFTC Member ID
Email (recommended)
Phone.....

HOTEL
PAYMENT RECEIPT Y / N

Adress.....
.....
TOWN – Zip Code.....
COUNTRY.....

I certify the accuracy of the information given on this bulletin
And I accept the conditions of sale stipulated on the back

A..... le.....

Mandatory Signature :

Seminar Fees calculation (*)	a. FEES for Registration	b. FORMS Option (*)	c. TUISHOU (YFTC Members) TS+ TS.....	d. TOTAL d = a + b+ c
	25 + + =

Payment in € altogether on reservation+10% after March 19, 2025

PAYMENT ORDER (in Euros)

- ◆ From France: cheques to Wushu Dao
- ◆ Other countries bank order to: Wushu Dao

Crédit Agricole Bank, rue Amodru – 91190 Gif-sur-Yvette . France

Bank code	Branch office	Account Nr	Key
18206	00466	50051799001	90

Others details may be used by your bank for international payment:

IBAN	FR76	1820	6004	6650	0517	9900	190
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RENSEIGNEMENTS PRATIQUES

SEMINAR LOCATION

Campus Université Paris-Sud

Gymnase Bâtiment 310 - ORSAY (91)

Train RER B : ORSAY-VILLE Station

COMING BY TRAIN FROM PARIS OR AIRPORTS

The RER B train line links Airports Charles de Gaulle (1h30') and Orly (via "Orly Val" Shuttle and Antony station) (30') and Paris (40') to the Gyms.

ACOMODATION

We have got special fares for the hotels below, from single or double rooms. When booking, let know you are with the TAICHI GROUP.

Book the sooner, the better!

Station RER B Bures-S/Yvette (15 à pied du Gymnase)

HOTEL RESIDHOME ☎ 01 64 86 36 00

bures.guyonnerie@residhome.com

Station RER B Le Guichet

Hôtel d' Orsay 01 64 86 17 47 hotel.orsay@orange.fr

Station RER B Gif s/Yvette

Hôtel Le Village 01 69 28 82 51 hotel.le.village@wanadoo.fr

Autres hébergements Gîtes

http://www.gites.fr/gites_central-studio_gif-sur-yvette_h546022.htm

Chambres d' hotes

http://www.chambresdhotels.org/Chambres_d_Hotes/essonne/Chambres_d_Hotes/Bures-sur-Yvette/Chambres_D_Hotes_-_Gites_Bures-sur-Yvette/

Provisional Technical Programme

Month DAY TIME	April				
	Friday 18	Saturday 19	Sunday 20	Monday 21	Tuesday 22
8.20 - 8.50 am	Warm up by instructors				
9.00 - 9.30 am	HAND FORM 103 TRAD	HAND FORM 103 TRAD	HAND FORM 103 TRAD	TUISHOU TS1 9:30 - 12:00	SABER 13
9:30-12:00 am					
12.00 - 15.00pm	Photos				
	Tuishou Training by Instructors For Tuishou Registered Students			Warmup by Instr.	
15 :00 -15 :30	Warmup by Instr.		HAND FORM *	TUISHOU TS2 15:00 - 17:30	SABER 13
15 :30 -17 :00 pm	HAND FORM 103 TRAD	HAND FORM 103 TRAD	103 TRAD		
17 :00-17 :30 pm					

* The last course on Forms starts and ends earlier from 3 to 5 p.m.

LES DEJEUNERS

Chinese restaurants (and others) 5km around ; possibility for car pick up

BOOKING CONDITIONS

- FEES MUST BE PAID BEFORE MARCH 19th 2025
- AFTER MARCH 19th : FEES + 10%
- CANCELLATION & REFUND POLICY:
 - before March 19th (1 month before seminar) total refund except 25 € registration fees
 - from 19th March to 03th April (2 weeks before seminar) : 50% refund except 25 € registration fees
 - After April 04th: No refund

THE PARTICIPANT HAS SUBSCRIBED TO A LIABILITY INSURANCE

18 – 22 April 2025 TAICHI SEMINAR FILL FORM

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SEMINAR TUITION (€) – REGISTRATION FEES NOT INCLUDED (25€)

TUITIONS WILL BE RAISED UP BY 10% AFTER March 19th 2024

Stages de FORME	Non Members	YFTC Members
Option 1 Vendredi 18 Avril – Dimanche 20 Avril HAND FORM 103	425 €	385 €
Option 2 Tuesday 22 April SABER 13	185 €	165 €
Option 3: 18 - 20 April & 22 April HAND FORM 103 + SABER 13	590€	535€

TUISHOU Workshops * (Mb YFTC) Monday 21 April		
TS 1	TS2	TS1+TS2
75 €	75 €	150 €
9 :30-12 :00	15:00 -17:30	9 :30-12 :00 & 15 :00-17 :30

* TUISHOU : FOR YANG FAMILY TAI CHI MEMBERS ONLY
- Prerequisite TS2 : 4 vertical Energies & transitions
- Prerequisite TS1 : Single circles and Transitions

Subject to availability of places. Priority :
To Handform attendees
By order of registration
For Register with a partner

For Advanced : Recommended to attend both TS1 & TS2.

TOTAL to be paid upon registration = **25€** (Registration Fee) + **FORMS** (Option) + **TUISHOU Workshop(s)**