



# YFTC Paris Center



## Organizes 19<sup>th</sup> International Yang Family Tai Chi Chuan Seminar

Lead by  
**Master YANG Jun**  
5<sup>th</sup> Generation Holder

**April 23 - 28, 2022**  
Gymnase Bâtiment 310  
Université Paris-Sud ORSAY (91)

April 23 - 25  
**TAI JI QUAN - Handform 103**  
April 26-27  
**TAI JI JIAN – Sword 67**  
April 28

**TUISHOU – Push-Hands (YCF members only)**  
*Or else depending on sanitary conditions*

### Yang Family Tai chi Center of Paris

Wushu Dao de la Vallée Association

has the great honor to welcome you at the 19<sup>th</sup> annual Tai Chi Chuan seminar directed by Grand Master YANG Jun.

This event is eagerly awaited among the great Family of taichi players of the YFTC after these two years of interruption.

Everyone knows Grand Master YANG Jun for his outstanding quality of teaching, combining tradition and modernity, and the moral virtues he embodies.

Enriching and deepening your Tai Chi understanding and practice by the 5<sup>th</sup> Grand Master Holder of the YANG Family, among the great family of taichi players, is what is offered to you in this great seminar.

The program includes a deepening of the traditional 103 Handform, with Martial applications, Corrections, work on energy, and the and the graceful, light and flowing traditional 67 Sword Form.

For YANG Family Taichi members you can also participate to Tuishou (push hands) workshops to apply with a partner the principles worked out in the Handform *(Or else depending on sanitary conditions)*

We look forward meeting you very soon !

**The seminar will be conducted in accordance with the government sanitary rules in effect at the time of the Event**

Duc & Carole NGUYEN MINH  
YFTC Paris Center Directors

**CONTACTS** [duc@yangfamilytaichi.com](mailto:duc@yangfamilytaichi.com)

**☎ 06 07 26 72 96 06 31 93 16 69**

[www.yangfamilytaichi.fr](http://www.yangfamilytaichi.fr) \* [www.yangfamilytaichi.com](http://www.yangfamilytaichi.com)

**Application Form to fill and return with payment to**

**Centre YANG Family Tai Chi Paris - 27 Allée des Gravieres Salmouille 91190 Gif-s/Yvette – FRANCE**

**Front Page**

Name .....  
YFTC member ID .....  
Email (Important) .....  
Tel.....

<input type="checkbox"/> I will have Lunch on campus <i>Check box</i>	Mon	Tue	Wed	Thu
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HOTEL .....  
RECEIPT FOR PAYMENT Y / N

Address.....  
Town, Zip code.....  
Country.....

**I certify that all my declarations on this form are true and I do accept the booking conditions on the reverse of this form**

In.....Date

Signature

Seminar Payment Calculation (*)	a. FEES for Registration	b. FORMS Option..... (*)	c. TUISHOU (YFTC member) TS .....+.....	TOTAL d = a + b + c
		25 +	..... +	=

**Payment altogether on reservation**  
**+10% after March 24<sup>th</sup>**

**PAYMENT ORDER (in Euros)**

- From France: pay by cheques to Wushu Dao
- Other countries bank order to: Wushu Dao  
Crédit Agricole Bank, rue Amodru – 91190 Gif-sur-Yvette . France

Bank code	Branch office	Account Nr	Key
18206	00466	50051799001	90

Others details may be used by your bank for international payment:

IBAN	FR76	1820	6004	6650	0517	9900	190
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Bank Identification Code (BIC) **AGRIFRPP882**

## Accommodations INFORMATIONS

### SEMINAR LOCATION

**Université Paris-Sud Campus – ORSAY (91)**

Sat Apr 23<sup>th</sup> – Tues Apr 28<sup>th</sup> :

Gymnasr de la faculté Bâtiment 310

Train : RER B Orsay Ville station

### COMING BY TRAIN FROM PARIS OR AIRPORTS

The RER B train line links Airports Charles de Gaulle (1h30' ), and Orly (via " Orly Val" Shuttle and Antony station) (30' ), Massy TGV train station (20' ), and Paris (40' ) to the Gyms.

### ACOMODATION

We have got special fares for the hotels below, from single or double rooms. When booking, let know you are with the TAI CHI GROUP.

**Book the sooner, the better!**

Bures-sur-Yvette RER Station (5' -9' walk to gym)

**RESIDHOME ☎ 33-1- 64 86 36 00**

[bures.guyonnerie@residhome.com](mailto:bures.guyonnerie@residhome.com)

Le Guichet RER Station (5' -9' walk to gyms)

**Hotel d' ORSAY ☎ 33-1-64 86 17 47**

[hotel.orsay@orange.fr](mailto:hotel.orsay@orange.fr)

Gif s/Yvette RER Station

LE VILLAGE

[hotell.village@wanadoo.fr](mailto:hotell.village@wanadoo.fr)

### Other Acomodations: Guesthouses

[http://www.gites.fr/gites\\_zentral-studio\\_gif-sur-yvette\\_h546022.htm](http://www.gites.fr/gites_zentral-studio_gif-sur-yvette_h546022.htm)

### or Bed & Breakfast

[http://www.chambresnotes.org/Chambres\\_DHotes/Essonne\\_Chambrs\\_DHotes/Bures-sur-Yvette\\_Chambrs\\_DHotes\\_-\\_Gites\\_Bures-sur-Yvette/](http://www.chambresnotes.org/Chambres_DHotes/Essonne_Chambrs_DHotes/Bures-sur-Yvette_Chambrs_DHotes_-_Gites_Bures-sur-Yvette/)

### LUNCHES

- Possible at the Campus canteen except on WE. **Tickets to buy on arrival**
- Chinese restaurants (and others) 5km around ; possibility for car pick up

### BOOKING CONDITIONS

• **FEES MUST BE PAID BEFORE MARCH 10<sup>th</sup> 2022**

• **AFTER MARCH 24<sup>th</sup> : FEES + 10%**

• **CANCELLATION & REFUND POLICY:**

- BEFORE MARCH 24<sup>th</sup> (1 MONTH BEFORE SEMINAR) TOTAL REFUND EXCEPT 25 € REGISTRATION FEES
- FROM 25<sup>th</sup> MARCH TO 09<sup>th</sup> APRIL (2 WEEKS BEFORE SEMINAR) : 50% REFUND EXCEPT 25 € REGISTRATION FEES
- AFTER APRIL 10<sup>th</sup>: NO REFUND

♦ **THE PARTICIPANT HAS SUBSCRIBED TO A LIABILITY**

**INSURANCE**

♦ **WSD MEMBERSHIP IS INCLUDED IN FEES**

### Provisional Technical Program

Month Day Time	Saturday 23	Sunday 24	Wednesday <sup>2</sup> 7	Thursday 28	Tuesday 26
am 8.20- 8.50	Warm up by Instructors				
9.00 –9:30	HANDFORM 103 TRAD	HANDFORM 103 TRAD	SWORD 67	SWORD 67	TUISHOU TS1 9:30 – 12:00
9.30 –12:00					by Instructors
Pm 12.00 – 3.00		Photos	Photos		
3 :00-3 :30	Warm up by Instructors		Warm up	SWORD 67	
3 :30-5 :00	HANDFORM 103 TRAD	HANDFORM 103 TRAD	SWORD 67	*	TUISHOU TS2
5 :00-5 :30					3:00 – 5:30

\*The last course on Forms starts and ends earlier in the evening from 3pm to 5pm

## Application Form Paris Taichi Seminar April 23<sup>th</sup>– 28<sup>th</sup> 2022

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**SEMINAR TUITION (Until MARCH 10<sup>th</sup> 2022) – REGISTRATION FEES Not INCLUDED (25€)**

**TUITIONS WILL BE RAISED UP BY 10% AFTER March 24<sup>th</sup> 2022**

FORM	Non Members	YFTC Members
<b>Option 1</b> Saturday 23 <sup>th</sup> - Monday 25 <sup>th</sup> , April <b>HAND FORM</b> <i>Possibility to attend partial HF seminar (contact organizers)</i>	<b>400 €</b>	<b>360 €</b>
<b>Option 2</b> Wednesday 26 <sup>th</sup> – 27 <sup>th</sup> April <b>SWORD 67</b>	<b>297 €</b>	<b>265 €</b>
<b>Option 3:</b> 23 <sup>th</sup> - 25 <sup>th</sup> & 26 <sup>th</sup> - 27 <sup>th</sup> April <b>HAND FORM + SWORD 67</b>	<b>655 €</b>	<b>580 €</b>

TUISHOU workshops* (YFTC Members) <i>Or else depending on sanitary conditions</i> Thursday 28 <sup>th</sup> April		
TS 1	TS2	TS1+TS2
<b>68 €</b>	<b>68 €</b>	<b>136 €</b>
9 :30-12 am	3-5:30 pm	9 :30-12 am & 3-5 :30 pm

\*/TUISHOU: FOR YANG FAMILY TAI CHI MEMBERS ONLY

and depending on the availability of places

- Pre requisite TS2 : 4 Energies and transitions
- Pre requisite TS1 : basic circles

Priority with regard to :

- Form Seminars attendees
- First come First served basis

**For advanced level, it is recommended to apply both TS**

**TOTAL to be paid at registration = 25€ (Registration Fee) + Option 1,2 or 3 + TUISHOU Workshop (members only)**