

Centre YFTC Paris 20th Seminar

Organizes

International

Yang Family Tai Chi Chuan

SEMINAR

by Grand Master

YANG JUN

5th Generation Holder

Avril 29 – May 3 2023

Gymnase Bâtiment 310

Université Paris-Sud XI - ORSAY (91)

April 29 – May 1st

TAI JI QUAN – 103 Handform

May 3

TAI JI DAO – 13 verses

May 2

TUISHOU – Push Hands (YFTC members only)

The Yang ChengFu Center Paris

Wushu Dao de la Vallée Association

has the great honor to welcome you at the 20th annual Tai Chi Chuan seminar directed by Grand Master YANG Jun.

Everyone knows Grand Master YANG Jun for his outstanding quality of teaching, combining tradition and modernity, and the moral virtues he embodies.

Enriching and deepening your Tai Chi understanding and practice by the 5th Grand Master Holder of the YANG Family, among the great family of taichi players, is what is offered to you in this great seminar. The program includes a deepening of the traditional 103 Handform, with Martial applications, Corrections, work on energy, and the powerful and high spirited traditional 13 verses Saber.

For YANG ChengFu members you can also participate to Tuishou (push hands) workshops to apply with a partner the principles worked out in the Handform.

We look forward meeting you very soon !

Duc & Carole NGUYEN MINH
Directors of YFTC Center Paris
And Teachers Training Academy France

CONTACTS

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Please return the completed Form with payment to

**Centre YFTC Paris - 27 Allée des Gravieres Salmouille
91190 Gif-s/Yvette – FRANCE**

Name
YFTC ID Member
Email (recommended)
Tel.....

<input type="checkbox"/> I will have lunch on campus <i>Tick here</i>	Tues	Wed
<input type="checkbox"/> HOTEL		
<input type="checkbox"/> I NEED A RECEIPT		

Address
Town, Zip code,
Country

*I certify that all my declarations on this form are true and
I do accept the booking conditions on the reverse of this form*
In..... on.....

Signature required:

Seminar Payment Calculation (*)	a. FEES for Registration	b. FORMS Option..... (*)	c. TUISHOU (YCF member) TS+.....	TOTAL d = a + b+ c
	25 € + + =
Payment in € altogether on reservation <i>+10% after March 30th</i>				

PAYMENT ORDER (in Euros)

- ♦ From France: pay by cheques to Wushu Dao
- ♦ Other countries bank order to: Wushu Dao
Crédit Agricole Bank, rue Amodru – 91190 Gif-sur-Yvette . France

Bank code	Branch office	Account Nr	Key
18206	00466	50051799001	90

Others details may be used by your bank for international payment:

IBAN	FR76	1820	6004	6650	0517	9900	190
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PRACTICAL INFORMATIONS

SEMINAR LOCATION

Université Paris-Sud Campus – ORSAY (91)

Sat Apr 29th – Wed May 3rd :

103 Handform, Saber 13 form, Push Hands
Gymnasium Bâtiment 310 – Orsay Campus
RER B Orsay-Ville station

COMING BY TRAIN FROM PARIS OR AIRPORTS

The RER B train line links Airports Charles de Gaulle (1h30) and Orly (via "Orly Val" Shuttle and Antony station) (30') and Paris (40') to the Gyms.

ACOMODATION

We have got special fares for the hotels below, from single or double rooms. When booking, let know you are with the TAICHI GROUP.

Book the sooner, the better!

Bures-sur-Yvette RER Station (10' walk to gyms)

RESIDHOME ☎ 33-1- 64 86 36 00

bures.guyonnerie@residhome.com

Le Guichet RER Station (10' walk to gyms)

Hotel d' ORSAY ☎ 33-1-64 86 17 47 / Fax 33-1-64 86 17 48

hotel.orsay@orange.fr

Gif s/Yvette RER Station

LE VILLAGE ☎ / Fax 33-1- 69 28 82 51

hotel.le.village@wanadoo.fr

Other Acomodations: Guesthouses

http://www.gites.fr/gites_zentral-studio_gif-sur-yvette_h546022.htm

or Bed & Breakfast

http://www.chambresdhotels.org/Chambres_DHotes/Essonne
Chambres DHotes/Bures-sur-Yvette Chambres DHotes -
Gites Bures-sur-Yvette/

Provisionnal Technical Program

Month Day Time	Avril		Mai		
	Saturday 29	Sunday 30	Monday 1 st	Tuesday 2	Wednesday 3
8.20 - 8.50 am	Warm up by Instructors				
9.00 - 9.30 am	103 HANDFORM				
9:30 am -12:00 pm					
12.00 – 3.00 pm		Photos	Warm up by Instructors		Photos Warm up by Instructors
3:00 – 3 :30 pm	Warm up by Instructors		103 HANDFORM	Tuishou TS2 3:00 – 5:30 pm	SABER 13
3 :30 – 5 :00	103 HANDFORM				
5 :00-5:30					

*Each last form seminar in the evening starts and finish earlier from 3 to 5 pm

LUNCHES

- Possible at the Campus canteen on Tuesday and Wednesday (closed in WE and 1st May)
- Chinese restaurants (and others) 5km around ; possible have car pick up

BOOKING CONDITIONS

- FEES MUST BE PAID BEFORE MARCH 10th 2023
- AFTER MARCH 30th : FEES + 10%
- CANCELLATION & REFUND POLICY:
 - BEFORE MARCH 30th (1 MONTH BEFORE SEMINAR) TOTAL REFUND EXCEPT 25 € REGISTRATION FEES
 - FROM 30th MARCH TO 14th APRIL (2 WEEKS BEFORE SEMINAR) : 50% REFUND EXCEPT 25 € REGISTRATION FEES
 - AFTER APRIL 14th: NO REFUND
- ◆ THE PARTICIPANT HAS SUBSCRIBED TO A LIABILITY

Application Form Taichi Seminar April 29th– May 3rd 2023

Back Page

SEMINAR TUITIONS (€) – REGISTRATION FEES NOT INCLUDED(25€)

After March 30th 2023 : TUITIONS WILL BE RAISED UP BY 10%

FORM SEMINAR	Non Members	YFTC Members
Option 1 Sat April 29 – Mon May 1 st 103 HANDFORM	410 €	370 €
Option 2 Wednesday May 3 SABER 13	180 €	160 €
Option 3: April 29 –May1 st & May 3 103 HANDFORM + SABER 13	570 €	520 €

Ateliers TUISHOU* (Membres YCF) Mardi 2 Mai		
TS 1	TS2	TS1+TS2
72 €	72 €	144 €
9 :30-12 :00	15:00 -17:30	9 :30-12 :00 & 15 :00-17 :30

*/TUISHOU: FOR YANG CHENG FU MEMBERS ONLY and depending on the availability of places

- Pre requisite TS2 : 4 Energies and transitions
- Pre requisite TS1 : basic circles

Priority with regard to :

- Form Seminars attendees
- First come First served basis

For advanced levels, it is recommended to apply for both TS

TOTAL COST to pay on registration = 25€ (registration fees) + FORMS SEMINARS (Choose Option) + TUISHOU Workshop(s)